



Skidan Sofya



Statement and CV

[sofskidan.com](http://sofskidan.com)

<https://www.instagram.com/sofskidan/>

Sofya Skidan was born in 1996 in Ukhta, Russia. She graduated from the Saint-Petersburg State University of Film and Television and Rodchenko Moscow School of Photography and Multimedia. She is also a professional yoga instructor, which is reflected in her choice of materials, techniques, and subject matter. Since 2022 lives and works in Bali, Indonesia.

She explores ways of perceiving the world as information, questions about intuition and transformations, reflections on speculative history, and the spectator's visionary experience. She is trying to navigate the boundaries between nature's discourse and the technogenic contemporary. Working with a large variety of media in site-specific installations, she infuses artifacts of a post-digital reality with elements nostalgic about the loss of a natural landscape. Tapping into the complexities of postcontemporary, Skidan raises questions around updated understandings of identity within today's technogenic culture, as well as the crisis of nature and the fast-approaching environmental tipping point in the age of the anthropocene.

## SOLO SHOWS

Conjuring stolen/trapped memories, Vosckhod gallery, Basel, 2023  
Within this vast zone of the impalpable, Alisa gallery, Moscow, 2021  
Transverse hyperspace, Fragment gallery, Moscow, 2018  
Dynamic pieces, Rodchenko art school, Moscow, 2016

## SELECTED GROUP SHOW

15th Gwangju Biennale, Gwangju, South Korea, 2024  
Write Your Name, Alisa art gallery, Dubai, 2024  
The Body of Work, Parq Art Space, Bali, Indonesia, 2023  
loginality, Dubai, 2023  
X-Nowness, Basel Art Center, Basel, 2022  
Le cru et le cuit, Ethnographic Russian Museum, Saint-Petersburg, 2021  
Cosmoscow, Moscow, 2021  
Archstoinie, Nicola-Lenivetz, 2021  
Museum of artificial history, Darwin museum, Moscow, 2021  
Future cities, Moscow, S-Petersburg, Krasnodar, N.Novgorod,  
Novosibirsk, Ekaterinburg, Public art festival, 2021  
Porto design biennale, Porto, 2021  
Training Fantasy, Typography, Krasnodar, 2021  
V-A-C.sreda, online, 2021  
20:20 time stopped, Moscow Museum of Contemporary art, 2020  
15 minutes break, All-Russia Museum of Decorative, Applied and Folk Art  
Moscow, 2020  
Garage.digital, online, 2020  
Game club. The Coming World: Ecology as the New Politics 2030–2100,  
Garage museum of contemporary art, Moscow, 2019  
Presence, Sevkabel, Saint-Petersburg, 2019

Animal internet, Khodynka gallery, Moscow, 2019  
Going Unconscious / Trembling / With eyes open / I see you / Surrender,  
HSE art gallery, Moscow, 2018.  
Boa constrictor eating an elephant, 25 kadr gallery, Moscow biennale, 2018;  
Unseen photo-book festival, Amsterdam, 2017  
8 level, Winzavod, Moscow, 2017;  
Inside of the Art, the Pushkin museum and Tsvetnoy, Moscow, 2016;  
About Rodchenko School. 10 Years, Multimedia art museum, Moscow, 2016;  
Vienna photo-book festival, Vienna, 2016

## AWARDS

Award «Digital dreams» by Cultural Creative Agency Qatar-Russia, 2020  
Scholarship within the program of Garage Museum of Contemporary Art  
in support of emerging artists 2019/2020;  
Space design and video-art for play «Locker room talk» , winner of «Black  
Box residency» in the Meyerhold center, 2019;  
Nomination for the Kuryokhin prize, Best Visual Art Project, project  
“Transverse hyperspace”, 2018

# what would you call a weirdness that hasn't quite come together?

Installation, 3 parts of video-essays (7 min, 12 min, 15 min), sound, sculptures

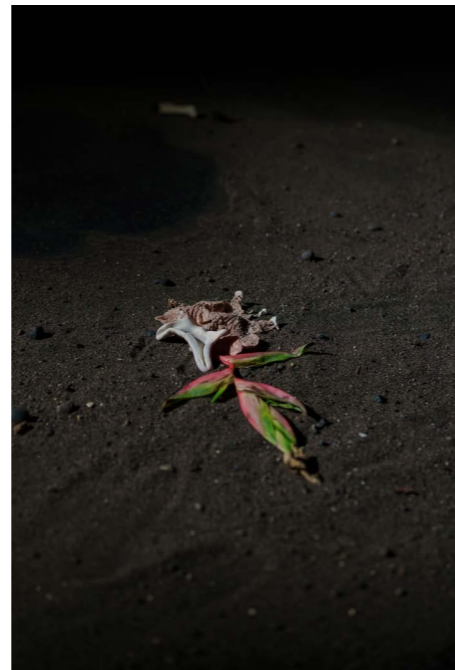
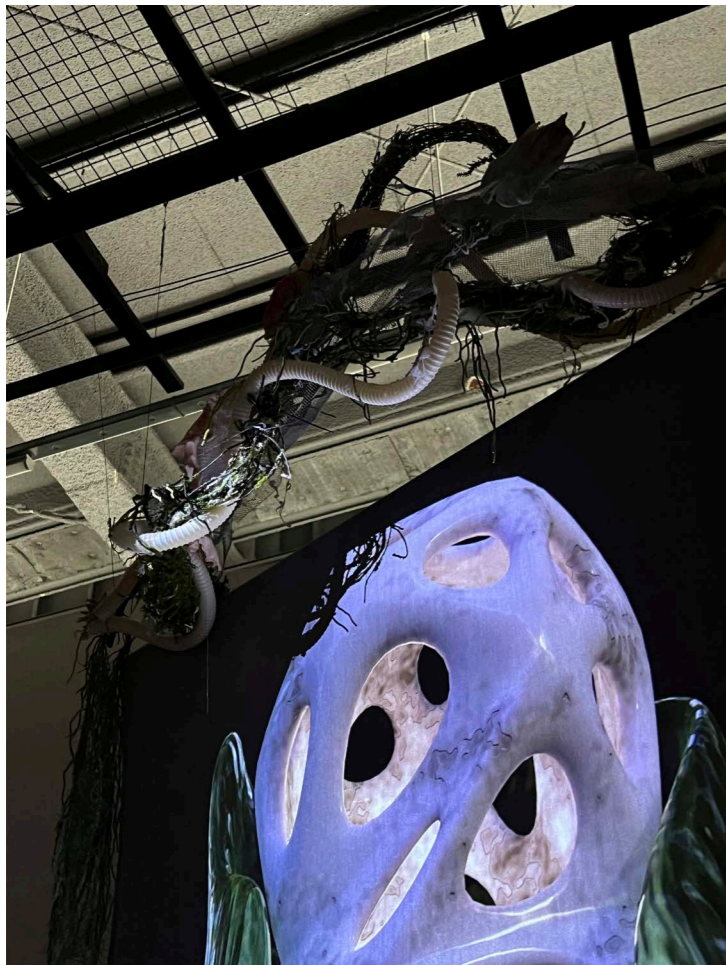
«*What would you call a weirdness that hasn't quite come together?*» — interdisciplinary project, which draws on the study of magic, of oriental religions, and of technologies to reconsider the realm of the sensorial. Skidan's project ponders the interrelations between changing technologies and corporality as well as their consequences: the instability of the body, the erasure of the notion of a 'norm', the dilution of identity, the alienation of the virtual body – the avatar – from its physical counterpart.

The video centres on the multiplying avatars of a cybershaman, whose body is used as a form of incantation. The succession of avatars seeks to somehow capture the instability of 'reality', as do the flitting movements between a real, natural landscape and a constructed, imaginary meta-landscape of impossible worlds. The video lends both landscape and body an almost sculptural quality, and brings out their equality as actors. Gradually, the cybershaman's movement patterns change; the human body adapts to its environment — one that is both natural and constructed. An emerging, hybrid identity arises from Skidan's attempt to capture the elusive sensation of postcontemporaneity

The heroine's body either grows out of the landscape, or merges with it. Her body is constantly changing and mutating, gathering in new configurations, her identity is also difficult to grasp — she disintegrates and slips away. Only some elements return the viewers to the current moment of time, referring to the realness of this heroine. Otherwise, it is a virtual body, of numerous, imaginary, and unstable avatars, rather than a real person.

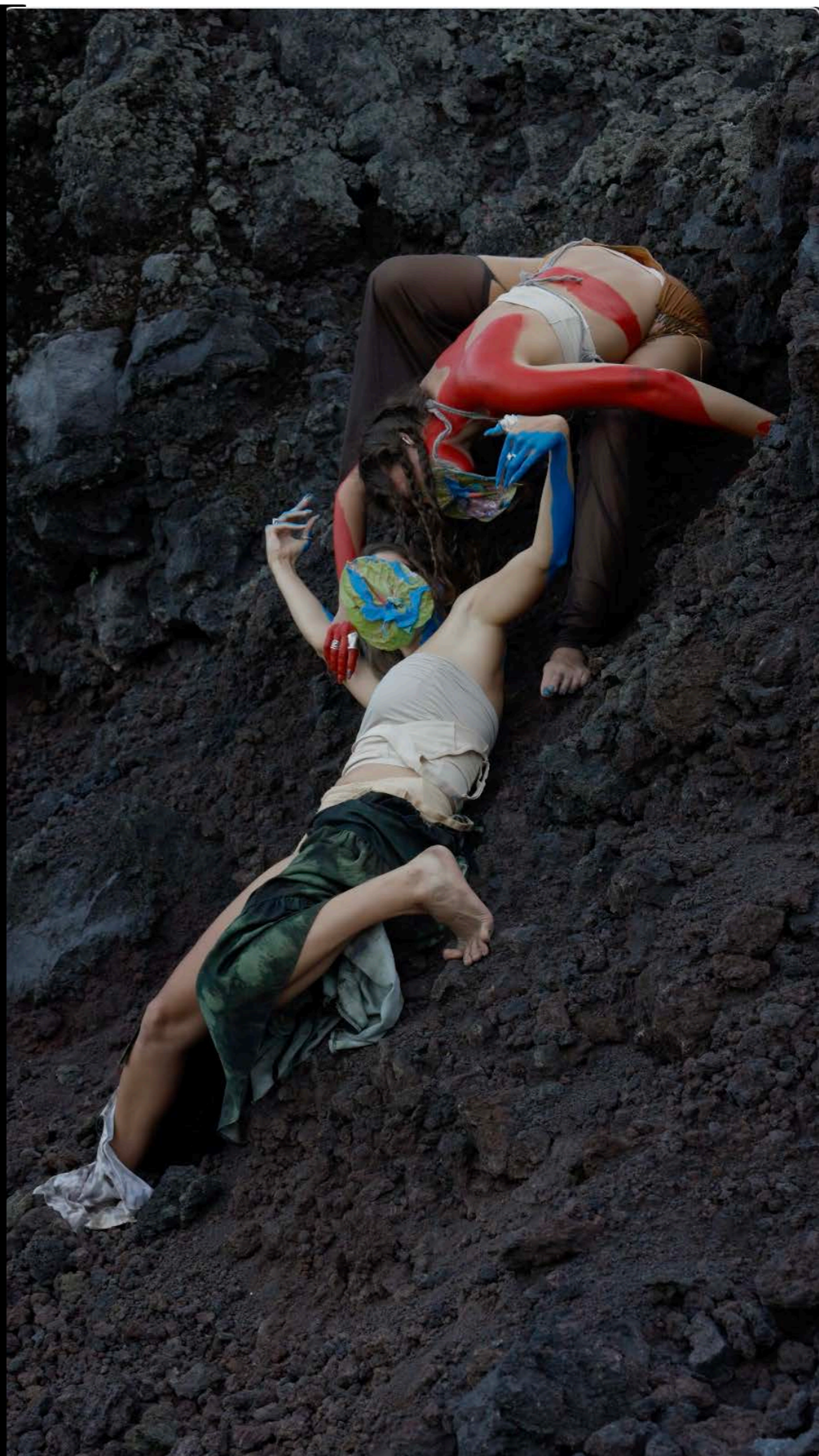
The landscape, at first glance, is ideal, but it is imbued with a sense of weirdness — what we might call "pristine" is also mutating and changing, demanding new approaches and communication tools.

Natural and man-made elements merge into a sculpture, becoming almost indistinguishable, heightening the question of the possibility of nature as such. The audio track — music and monotonous intermittent speech — creates a pulsating rhythm which immerses you into a meditative state, and reminds of non-verbal methods of communication, trance and rituals as ways of interacting with phenomena which transcend boundaries of the human..





we avoid ending up where we are not.  
but we are everywhere.





자율적 실체란 없음을 인식하면서  
there are no autonomous substances.

# dark proposes a kind of resistance, 2024

video essay, digital collage, cgi, ai, texts, sound 2024  
<https://cifra.com/project/437ac17b-d627-4719-9f2b-fd6ff0b6ddcf>

An experimental video essay explores the interplay between human and non-human optics. Created in collaboration with Artificial Intelligence, the work titled "Dark Proposes a Kind of Resistance" attempts to reveal the logic of nature's mutations, both real and artificial. What is truly our perception and what have digital agents embedded in human perception? This work raises questions about nature through the modifications introduced by artificial intelligence and explores the elusive understanding of human memory in an era of changing relationships between humans and artificial intelligence.



but in the impossibility  
of attaining it



I am a transcendental number

# conjuring stolen/trapped memories

wood, digital collage, dibond printing, silicone, organic elements, sand, plastic, herbs, painting, nets, 2023

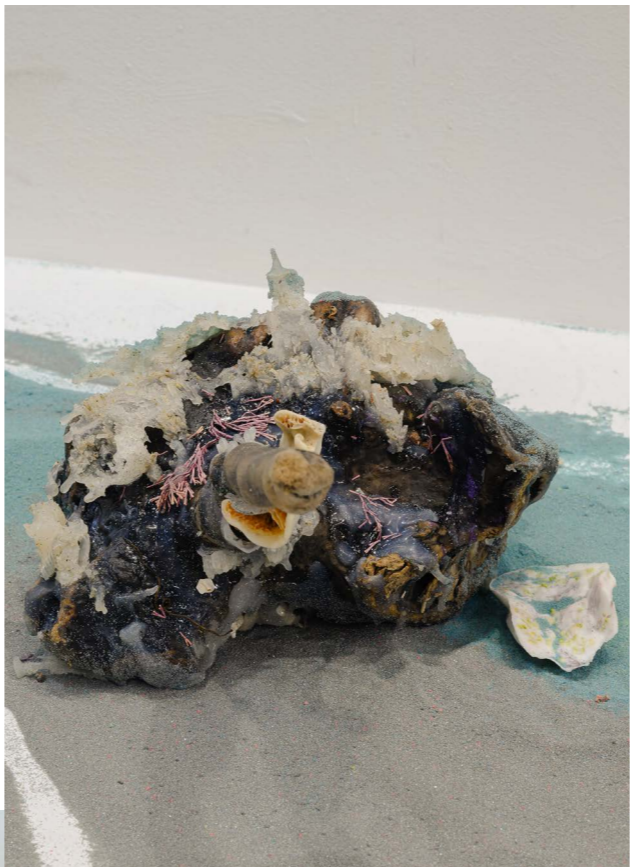
There is memory and memory. There is personal memory, cultural memory, memory of malleable matter, electronic device memory, memory of a place. Remembering and forgetting have become essential political and social levers. Full memory of a device causes anxiety, requiring to delete or redistribute digital souvenirs between cloud storages, these reservoirs of outsourced memory. Tragedies leave tangible traces that are often deliberately erased and destroyed — only to be eventually found (re-called) and deciphered.

The word conjuring in the title of Sofya Skidan's project alludes to a kind of manipulation that memories are subject to — akin to enchantments and other forms of intentional transformation of the given. In her digital collages and installations, objects of different nature and origin melt into one another — wood, silicone, stones, plastic, sand, found human-made and non-human-made things. All of them are selected by the artist as bearers of particular memories. By manipulating these memorabilia, Skidan creates — or invokes — imaginary landscapes where the virtual and the real mix together indistinguishably. She seeks out objects and textures that question the notions of the native (would it be taiga for her?) and the foreign (tropical forest then?), of the inside and the outside, the human and the nonhuman — so that the difference between the figure and the background, the base and the detail bleaches away. The blurring of that kind does not so much discard as subtly question the existing categories of identity and belonging.



In these hybrid meta-landscapes the thing's provenance is erased. The artist subtracts the specificity of the object, de-territorializing it and melting it into her coherently constructed aesthetic world of colors, shapes, and textures. Thus she practices both the negative side of conjuration — conjuring-out all traces of presence — and the positive one, responding to the qualities of the elements and creating unlikely fantastical combinations. This world is beautiful and intimidating without being indifferent: it emerges and takes shape along the lines of sight.



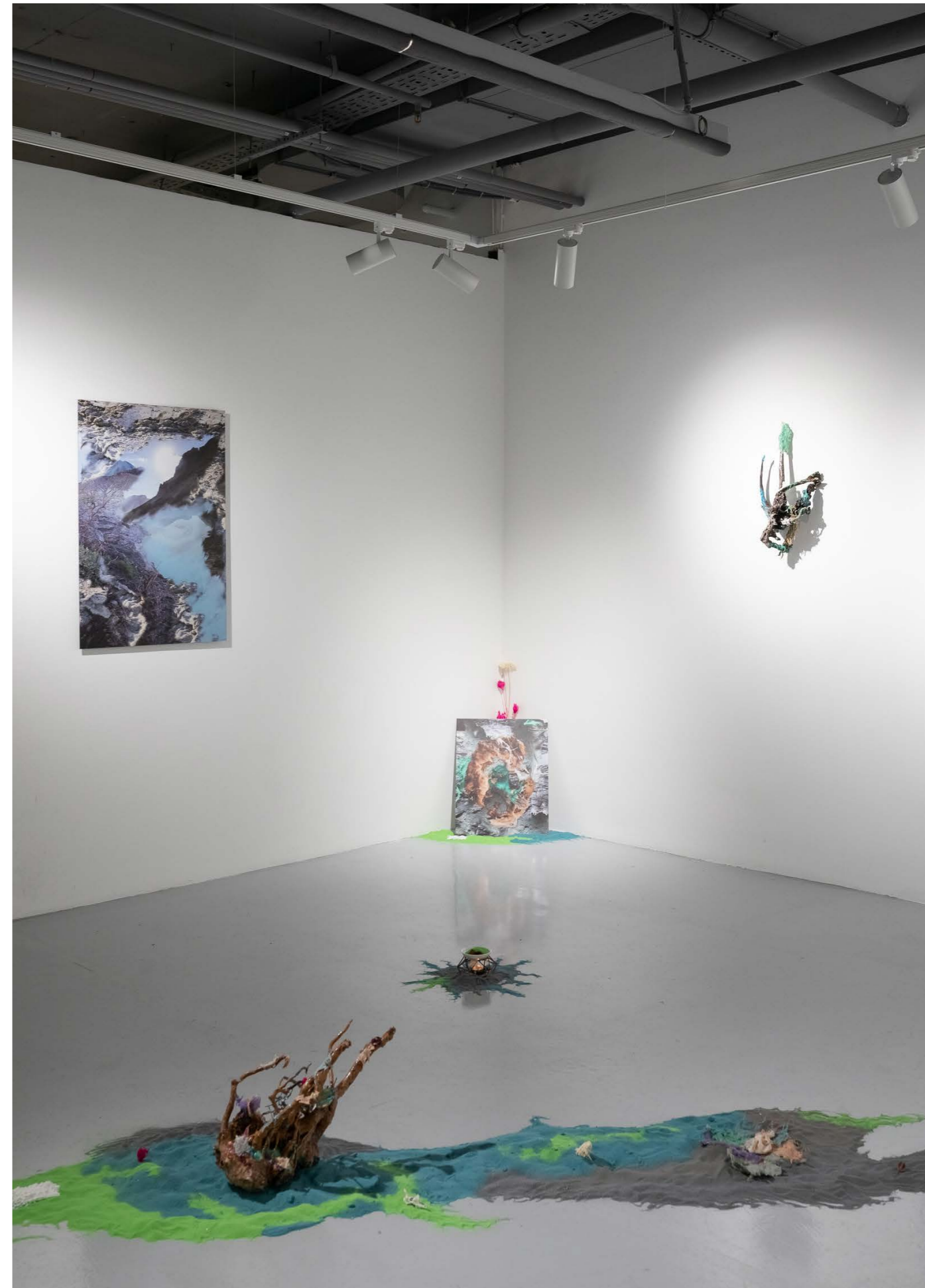


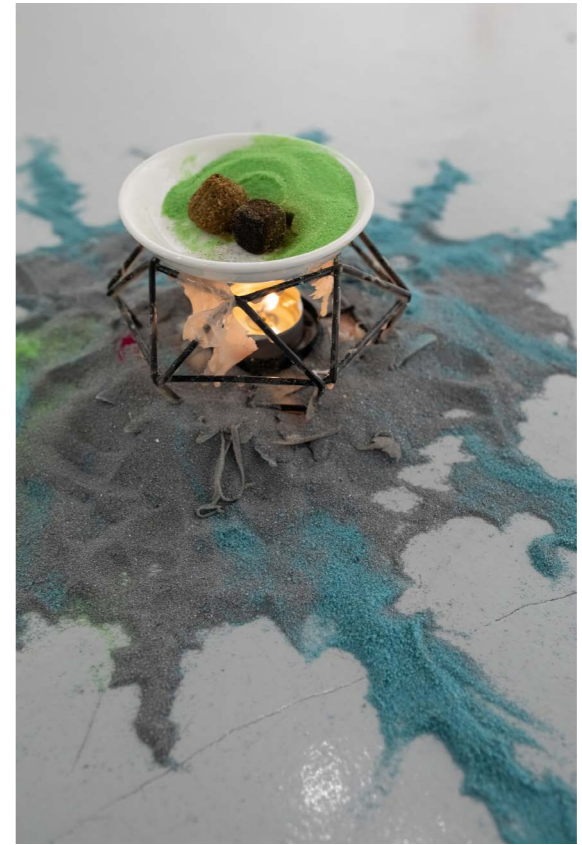
## *within this vast zone of the impalpable*

wood, digital collage, dibond printing, silicone, organic elements, sand, plastic, herbs, smells, 2021

The project features the works produced as the outcome of several years' research. Snapshots, scents and sculptures are linked by a lyrical thread made up of snippets of imaginary and/or real memories, 'which stick together but become tangible'. Sofya Skidan says, 'These works see natural spaces and sculptures blend into photographs and morph back. I put these fragments together from droplets of billowing allure, continuity of space and attempts to lift the layer of vulnerability from the structure of memory. There is no homogeneity to my works, historical and individual memories mutate, causing natural landscapes, mystical phenomena, body parts, textures, casts and sculptures to juxtapose onto imaginary meta worlds. They may have never come into existence or are already transforming into the landscape of the closest magical, mystical and/or hypothetical future.'

Sofya Skidan's works invite the viewer to reflect on the memory of bodies that are not necessarily living, on their density and fatigue in new temporal registers, in which the present is controlled from the future, and, therefore, turns out to be the past that is beyond our touch.



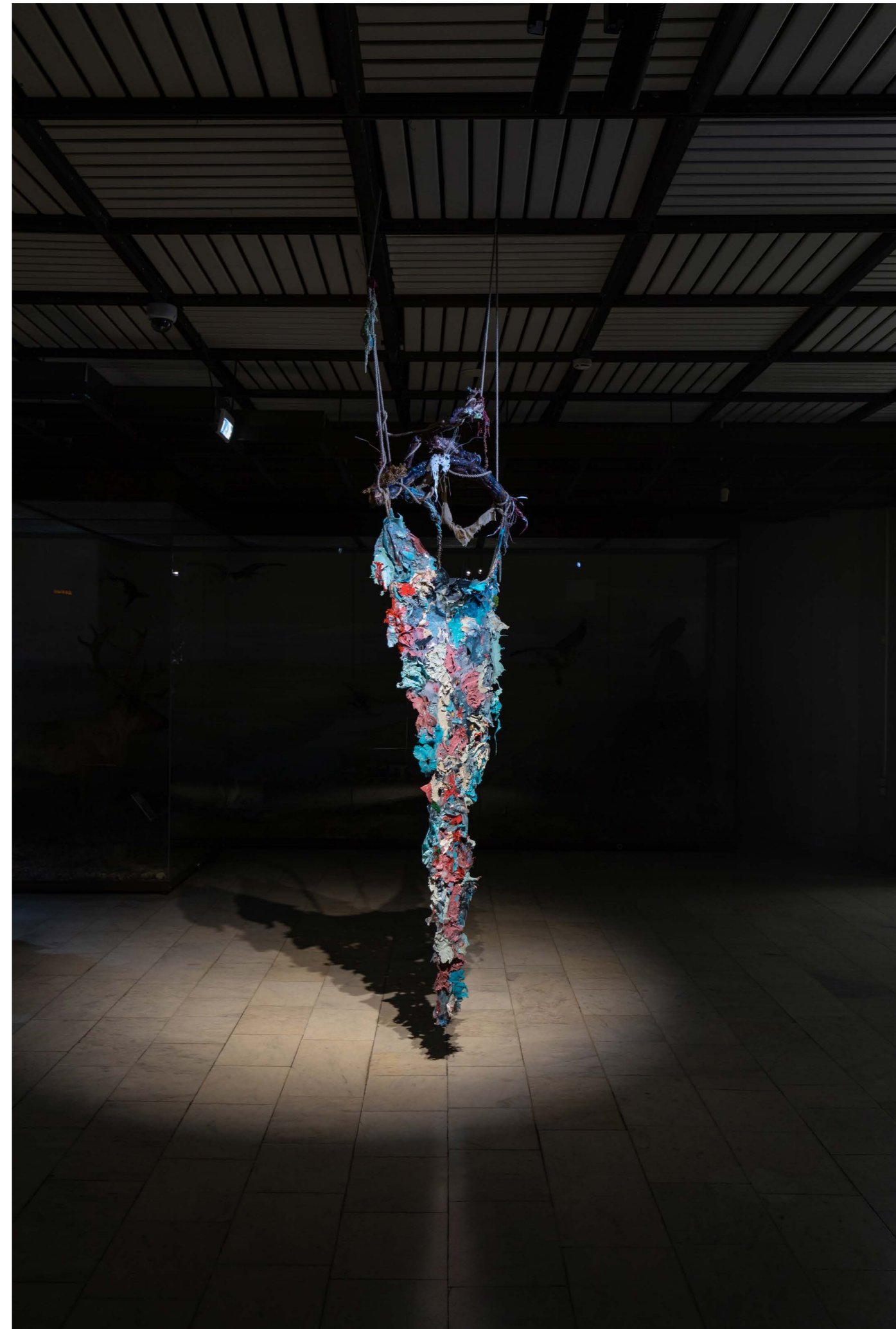
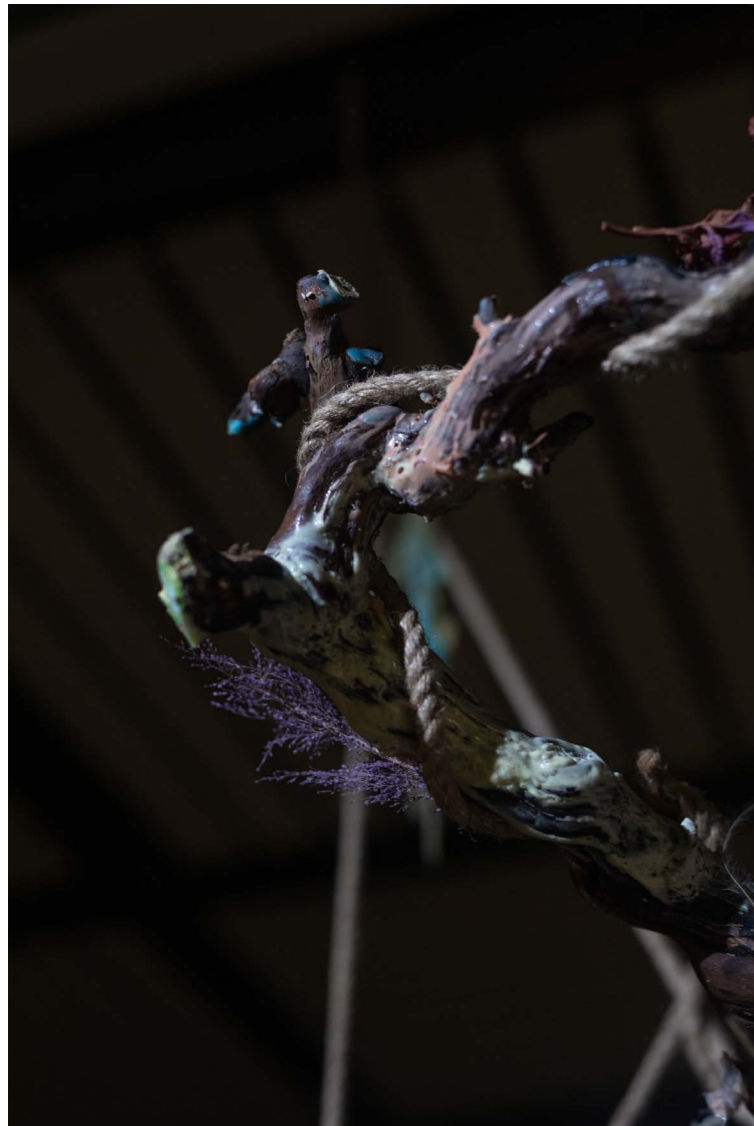


# The name of this trap - viscosity, 2021

wood, silicone, organic elements, plastic, rope

The last exhibit in the Museum of Artificial History is an altar «The name of this trap is viscosity» made by Sofya Skidan. It is surrounded by installations of Darwin Museum depicting forest landscapes in which animals are hiding in the grass and trying to escape from predators. There are some installations in this section showing a balance of nature: it means that species composition in such a system stays the same. However, in Skidan's installation, one can find alive silicone clots with the plants covered with plastic.

The Sofya Skidan's sculpture shows the scenario of potential ecological misbalance which may be caused by the appearance of a new virus in an ecosystem. In this case, life forms can choose one of the two possible ways. The first one is to accept help from outside (to get vaccinated, for instance) and maintain an old order. The second one is to mutate alongside the virus in order to liberate our environment from natural and artificial disasters. Hence, skins of future life forms can be covered with clots of plastic or silicone. Their colour can be changed to unusually light and acid colours. Structurally such ecosystems change, too. All vertical hierarchies disappear. Hence, such terms like «predator» or «victim», «animal» or «plant» lose their sense. Such changes can't be treated as negative at the same time. Despite all the changes, such ecosystems tend to maintain biological balance.

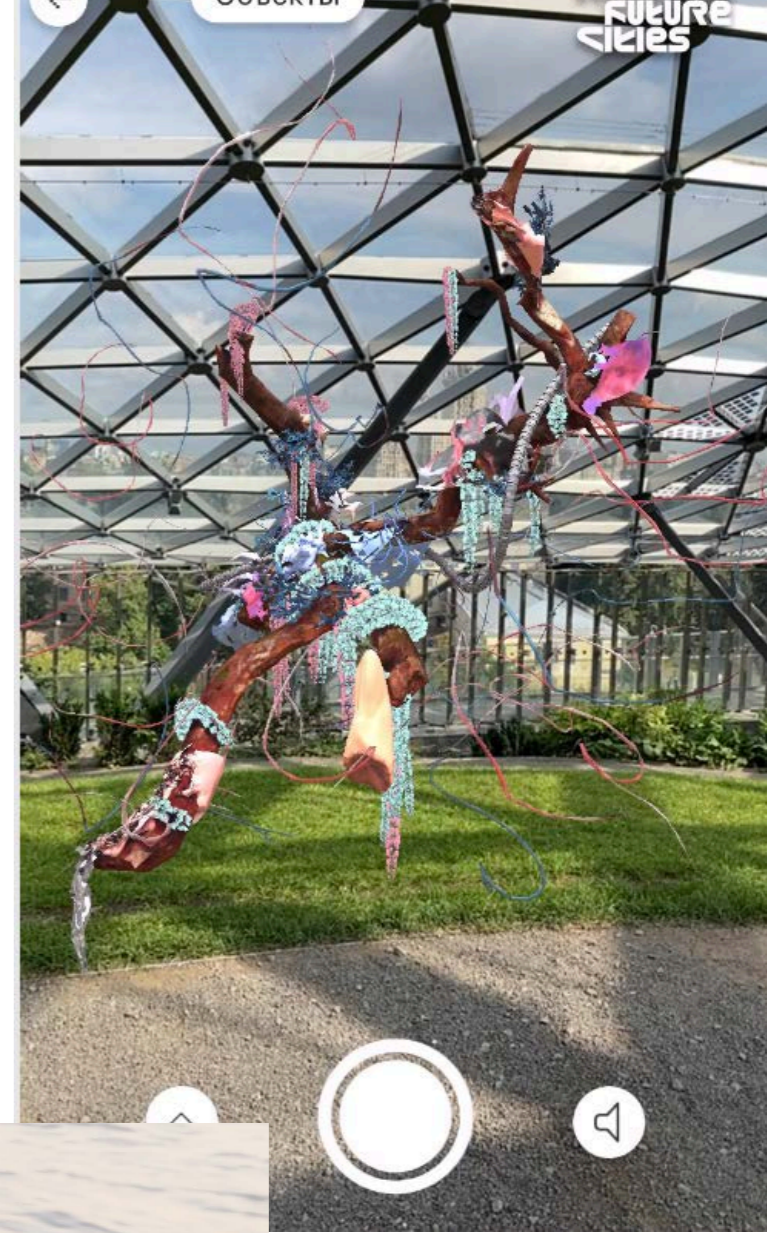
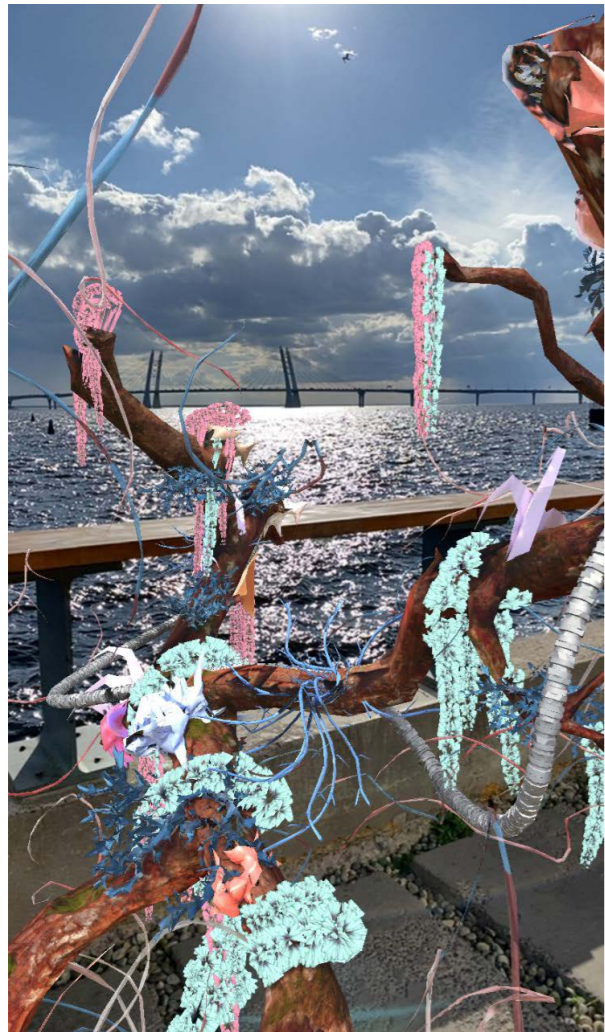


# what is hidden does not need to be hidden, 2021

AR-sculpture, audio guide

Augmented reality technology is becoming one of the layers in a multi-level system of input and output, city control and distribution of data in a cityscape at different scales. Also it is repeating the logic of many digital structures with real topologies that constitute the complex integrity. It is replicated in historically completely different locations. The technological layer of the city, consisting of systems for controlling transport and pedestrian flows, online services from geolocation to food delivery, digital platforms and economies. But It also creates material types of infrastructures that are invisible in daily experience.

What is hidden does not need to be hidden includes the AR sculpture and the performative audio guide. The digital object in Sofa Skidan's work is an attractor that enhances the distribution of attention in an oversaturated urban environment. Skidan rethinks the situationist drift (the psychogeographic practice of studying the changing urban landscapes through unusual, random tactics of moving through them). Then she combines it with the Eastern traditions of meditation, focusing attention on an object to reconfigure the ways of perception and the state of consciousness. Meeting her work slows down the experience of interacting with the interface of the AR application and the surroundings of the city. The audio guide is recorded by the artist. Mediated by a technogenic environment, It will suggest ways to reorient yourself in a space.

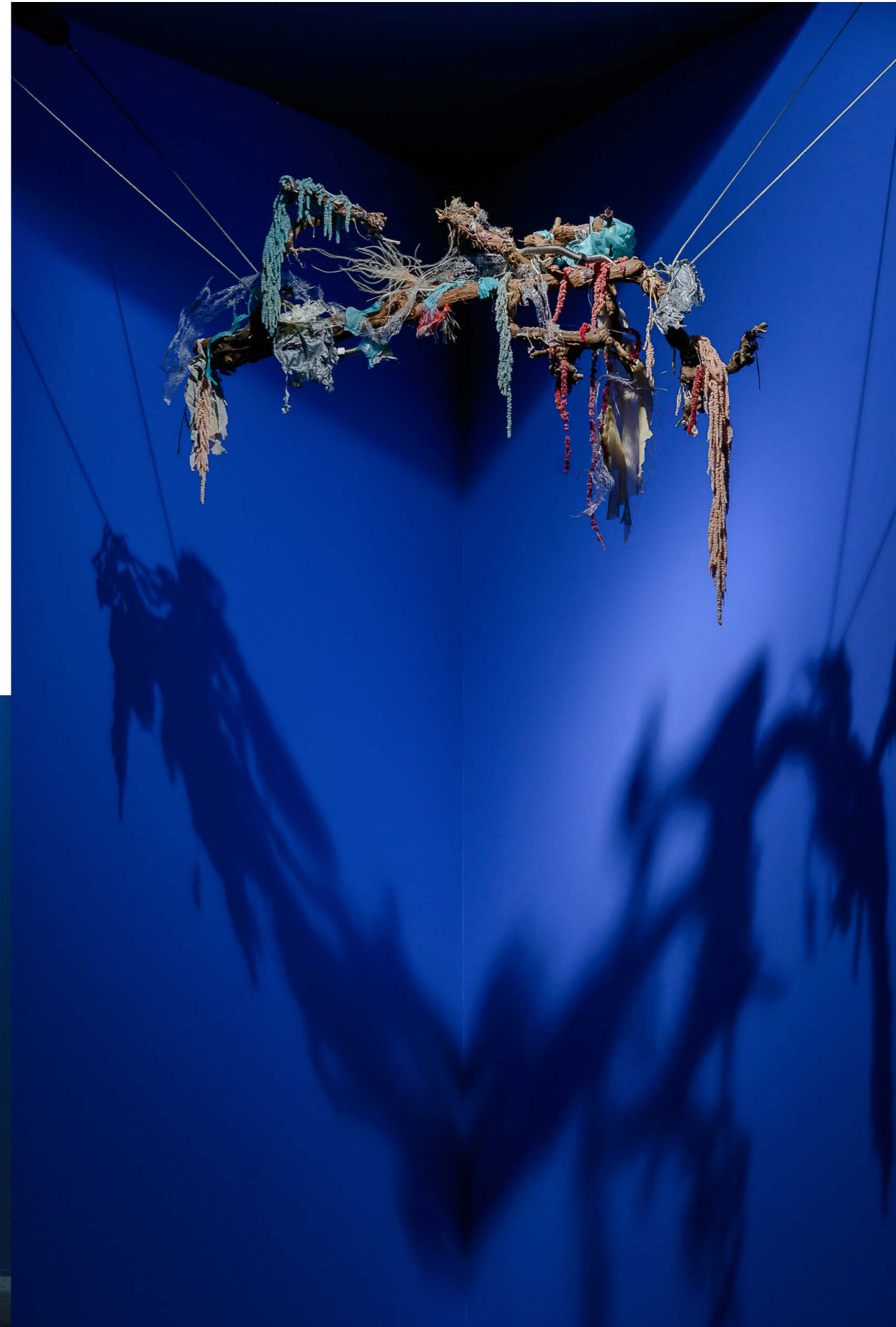


## *vulnerability, lifted*

Installation, UF-print, silicone, fabric, clay, organic elements, mixed media, 2020

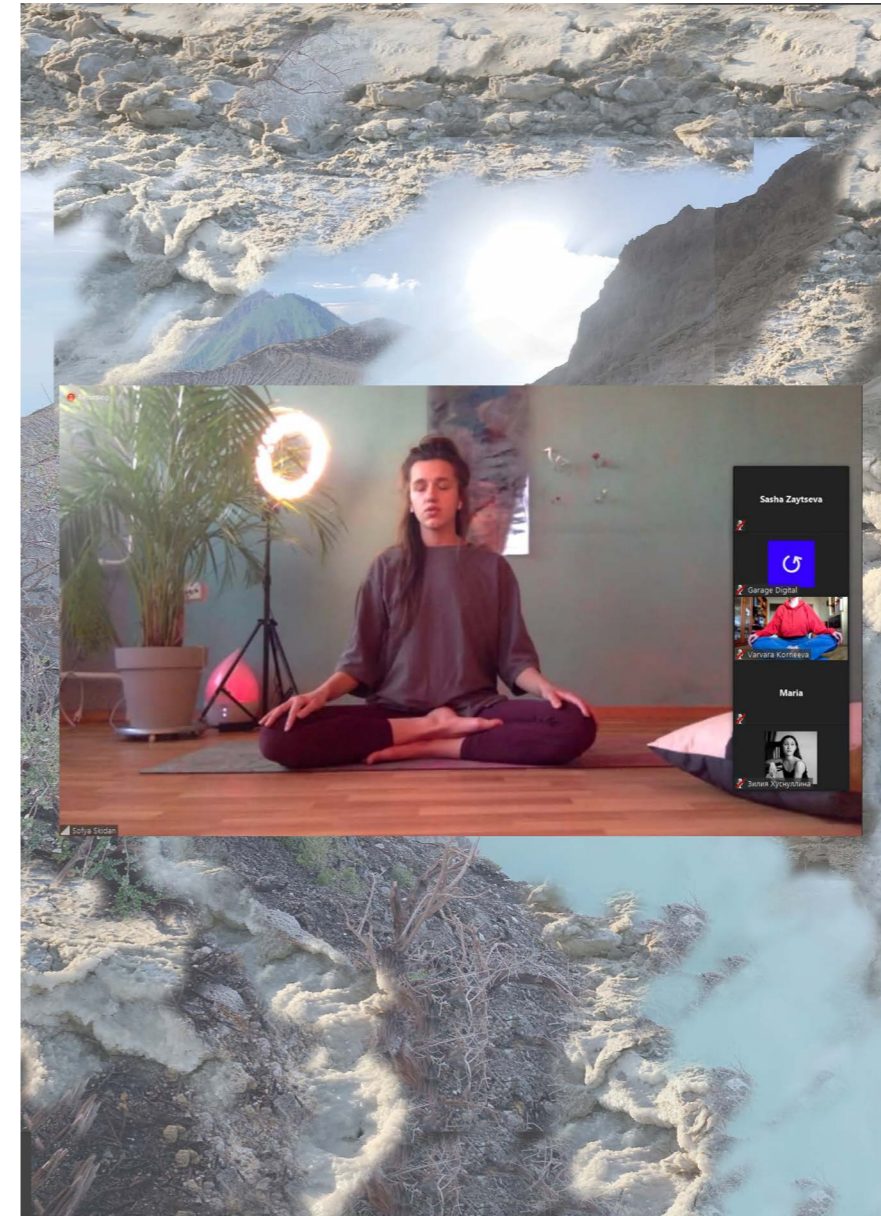
The installation comprises a dimly lit area, building on the idea of mystical and atmospheric spaces. The flooring is done with fitted carpeting, which serves to better ground the viewer within the installation. The room is lit with a cold outerspace vibe to promote concentration and close examination. Some objects you encounter invite communication: to smell, to carefully touch, to observe, to be near.

One part of the project will be the artist's performance-workshop, dedicated to the living through psychological and sensory experience. The workshop is structured as a performance lecture. During the workshop, it is proposed to try out several meditative and bodily techniques, the purpose of which is to try to allocate resources between experiencing fatigue and letting go of the usual patterns of movement and thinking. These practices can (but are not required to) bring the participant into the world of his consciousness and psyche, where both can see the common breath flowing over the space of admissibility.



*addiction to becoming, addiction to non-becoming*  
performance-lecture , 2019

The artist offers participants a physical experience that will immerse them in a denser present. In a complex and rapidly changing world of multiple truths and post-truths we often need a break—a refuge that would allow us to explore ourselves on a new level—a level different from our everyday but still addressing the workings of memory. The artist, the music, and the space will act as mediators within the participants' memory, guiding them along their own process of becoming in the context of the discussion of a digitalized world and encouraging them to try and understand how our brains and bodies register information. Participants will discuss the ways in which the integration of online reality into the daily routine has changed our psychophysical perception and whether we can become stalkers of our own consciousness.



*addiction to becoming, addiction to non-becoming.*

*Off the grid*

zoom performance, 2020

A performance / workshop focused on lived psychological and emotional experiences in the virtual space, something which has become the new reality in this time of self-isolation.

Not an invitation to relive or rewrite the experience of the migration of one's social life (including its emotional and sensual aspects) online, the performance will encourage participants to look within and see how their conscious selves have changed in the current circumstances. The artist believes that the excess of online events and the redistribution of resources from the outer to the inner dimension represent an attempt to correct viscosity. Entering this matrix does not represent an affirmation of humanity, but instead its loss. In connecting to cyberspace, humans do not penetrate it but are captured by the space and experience a vulnerability of connection that affects sensibilities.

## *transverse hyperspace*

video-essay, UV-print, photo-sculpture, installation, smells, texture, mirror, performance, 2018

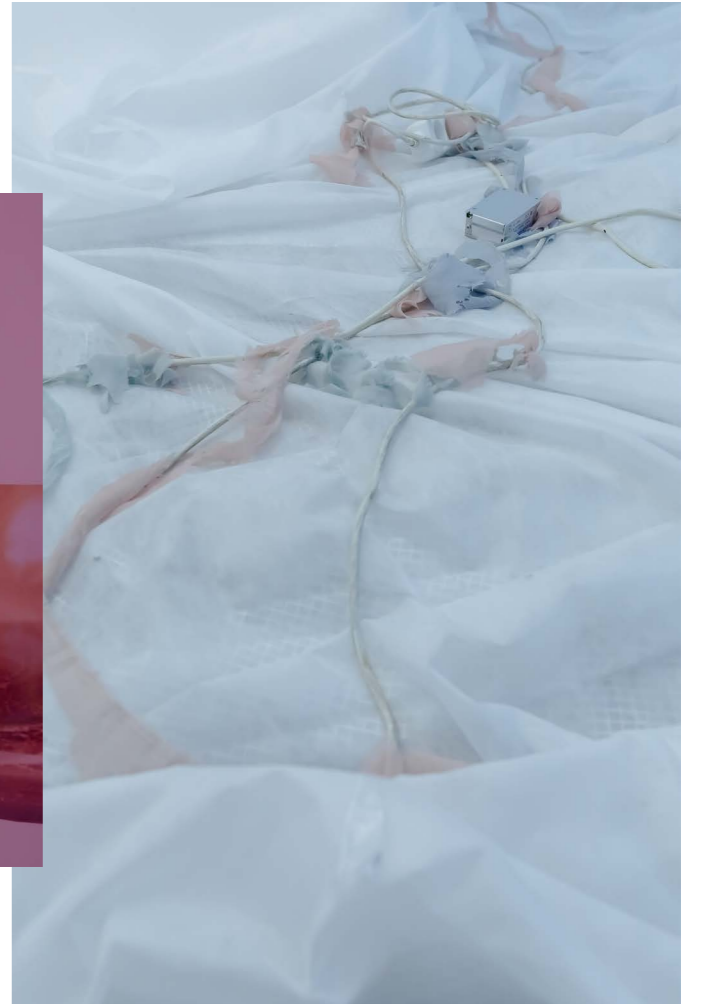
Organised as the dimly-lit transit space of a laboratory, the exhibition restages selected aspects of the transitional state of culture on its way to a dystopian world of the future (“the world without us”), with the help of recovered artefact-ruins.

Skidan’s pieces together the landscape of forthcoming world from scraps of information left behind after unknown events, supplemented by video installation and objects. Through video-essay she constant reipscription of one’s self within the digital landscape as a guest in a landscape’s memory.

Installation includes the various means of sensory perception, olfactory space, haptic sculptures, immersive video environments. The world of «Transverse hyperspace» is the alive laboratory with ruins of a digital environment, the speculative memories of an artificial intelligence of the of the future recalling and a sensitive tracks of the nature.







During exhibition artist offered new strategies for mental orientation to erase boundaries the alienation of the body and represented new identity. The show was accompanied by three collective performance sessions, combined with lectures about the dark ecology and post-humanism, in addition to performances by guest lecturers and sound artist. These served to connect the main points of the exhibition, with the attendees immersed in different layers of perception, physical exploration and intellectual drift.





## eupsychia

installation: steel, wood, printing on fabric, natural rubber, 2017

The space of Eupsychia combines elements of Eastern practices aimed at achieving samadhi, a state of meditative consciousness, as well as attributes of material culture, focused on issues of existence in anthropogenesis. Today, the relationship between body and space is coming to a new level. The outer shell is transformed into a tool that helps to connect with a new reality. Eupsychia was created with pertinent problems in mind: redistributing the flow of information, neutralizing undesirable ideological attitudes and blocking standardized perceptions of the world. The installation includes two objects. 1. A modern yoga bench helps to perform deeper asanas due to its additional angle. The bench is made of steel and is covered with a mat of natural eco-friendly rubber. 2. A costume made of linen, cotton, and synthetic mesh. The mesh elements of the suit cannot be tracked by surveillance systems. The symbols used in the drawings on the floor, suit and yoga mat refer to different spiritual traditions.

\* Eu - Greek. good, absolutely, right \*\* Psychia - Greek. soul, spirit, breath

